



“Bless Yahweh O My Soul”

One of the most elemental flaws in the human character is the urge to get something for nothing. If you take something without giving a blessing it is as if you stole it from the Heavenly Father. We are to bless the object we consume and thank Yahweh for the giving of anything we receive in pleasure or sustenance.

“The earth is Yahweh's, and everything in it, the world, and all who live in it (Psalm 24:1)”

“Now therefore, if ye will obey my voice indeed, and keep my covenant, then ye shall be a peculiar treasure unto me above all people: for all the earth is mine (Exodus 19:5)”

If you receive something with thanksgiving then Yahweh gives you dominion over what you consume.

“Ask of me, and I will make the nations your inheritance, the ends of the earth your possession. (Psalm 2:8)”

“Blessed are the meek, for they will inherit the earth. (Matthew 5:5)”

“For Yahweh your Elohim will bless you as he has promised, and you will lend to many nations but will borrow from none. You will rule over many nations but none will rule over you. (Deuteronomy 15:6)”

“Then Yahweh your Elohim will make you most prosperous in all the work of your hands and in the fruit of your womb, the young of your livestock and the crops of your land. Yahweh will again delight in you and make you prosperous, just as he delighted in your ancestors. (Deuteronomy 30:9)”

“The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon. (Psalm 92:12)”

Our generation needs to learn the art of blessing: **“Yahweh said to Moses: Speak to A'aron and his sons and tell them: This is how you shall bless the Israelites. Say to them: Yahweh bless you and keep you! Yahweh let his face shine upon you, and be gracious to you! Yahweh look upon you kindly and give you peace!”(Numbers 6:22-26).**

The first element of any blessing is a personal relationship with Yahweh. When we bless, we are asking for goodness to be imparted, to do that we have to tap into the source of all goodness, we bless Yahweh.

The second element in blessing is the ritual transfer of the blessing in actuality the goodness that takes place physically through the words that we pronounce and gestures that we make, such as the lifting of hands or the actual laying-on of hands.

"Rabbi Elazar said in the name of Rabbi Chanina: 'A blessing given by an ordinary person should not be unimportant in your eyes.'" (Talmud Megillah 15a)

Rabbi Yitzchak Abarbenel understood the art of Blessing. He explained that when we give blessings to Yahweh we are merely praising and lauding Him. And when we bless each other we are praying to Yahweh to bestow His blessing or goodness. And when the Kohanim (priests) prayed in the Temple they were beseeching Yahweh to have mercy upon the Children of Israel and their companions.



There is a book taking Israel by a storm entitled in English, “*The Hidden Messages in Water.*” It was written by Japanese Doctor of Alternative Medicine, Masaru Emoto. He is studying the effects sound waves have on matter and uniquely water.

He takes a pure cup of water from a spring. He has people think or speak to the water good things or bad things. He then freezes the water and looks at the water crystals under a microscope and what he found was astounding. Frozen crystals of pure water should be a bright, radiant hexagon (six sided) shape. But in response to human thought and emotion, water crystals can take many forms. . .

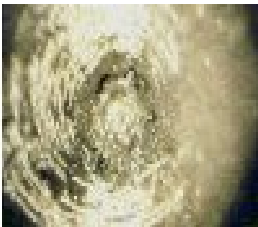
Essentially, Dr. Emoto captured water's 'expressions.' He developed a technique using a very powerful microscope in a very cold room along with high-speed photography, to photograph newly formed crystals of frozen water samples. **To the left water molecule before prayer.**



Water has a very important message for us. Water is telling us to take a much deeper look at our selves. When we do look at our selves through the mirror of water, the message becomes amazingly, crystal, clear. **This is water molecule was prayed over.**

The water molecule was called – “You Fool!”

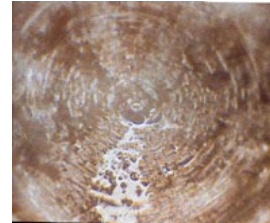
Frozen water crystals are much bigger than snowflakes, maybe 100 times or so. But the shape is very, very similar, a hexagon.



This is water molecule was told, “Thank you very much.” In other words, a blessing.

This is water molecule was told about Adolph Hitler

To the right is a water molecule that had a steady diet of Heavy Metal Music.

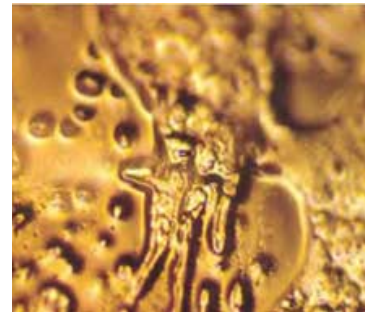


Dr. Emoto's work has provided the factual evidence, that human prayers, thoughts, words, ideas and music, affect the molecular structure of water, the very same water that comprises over 70% of a mature human body and covers the same amount of our planet.

If you still doubt that your blessings and curses impact the world around you, viewing Dr. Emoto's work will erase this doubt forever.

This is water molecule formed to Beethoven's Pastoral music.

To the right this is water molecule was told, “You make me sick!”

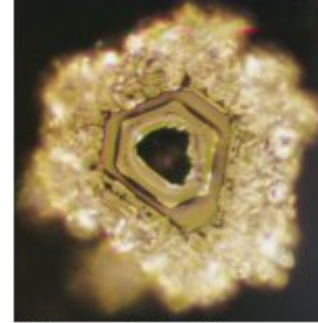


This is water molecule was told, "I love and appreciate you!"



To the right, this is water molecule was told man is a living soul – notice how it glows.

What has put Dr. Emoto at the forefront of the study of water is his proof that thoughts and feelings affect physical reality. By producing different focused intentions through written and spoken words and music and literally presenting it to the same water samples, the water appears to "change its expression".



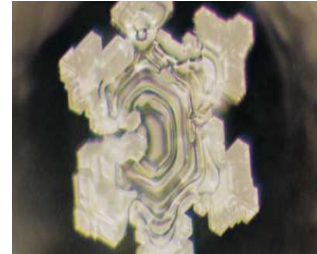
The word "Soul" -- note central heart shape



This is water molecule formed in the environment of minor key music. Notice it forms a perfect "Star of David." Now do you understand the importance of praising Yahweh with Hebraic music.

To the right the water molecule formed while Mozart was played.

The significant problems we face cannot be solved at the same level of thinking we were at when we created them.
- Albert Einstein



Dr. Masaru Emoto's extraordinary work is an awesome display, and powerful tool, that can change our perceptions of ourselves and the world we live in, forever.

"As with Galileo, Newton, and Einstein, Dr. Emoto's clear vision helps us see ourselves and our universe differently. Science and spirit unite, resulting in a profound and undeniable quantum leap in how we view our world, and how we can reclaim our health and create peace." (Marcus Laux, ND, Editor, Naturally Well Today)

"Half of the earth is water; our body is three-quarters water. Water represents the interface between the 4th dimension in which we live and the 5th dimensional sphere of our soul. Many studies have shown subtle effects of healers upon hydrogen bonding and infrared absorption of water. None of these scientific studies can compare with the beauty and clear messages shown by Dr. Emoto's elegant work. The impact of thought and beauty has never before been demonstrated so well." (C. Norman Shealy, M.D., Ph.D. Founding President, American Holistic Medical Association)

We are born fully hydrated. Within a few years of life, we slowly lose that state of hydration to exist in an ongoing state of semi-dehydration. When properly hydrated, things in our body can operate in harmony.

So, here's your goal: "Thou shalt drink a minimum of eight, 8 ounce glasses of water per day. No less than that shalt thou drink, and let the water be blessed and pure with thanksgiving!"

"Out of the same mouth proceeds blessing and cursing. My brethren, these things ought not so to be. Does a spring send forth at the same place sweet water and bitter? (James 3:10,11)"

As you see what words, thoughts and environment can do to a water molecule and since humans are composed mostly of water, your mind has to be directed to your family. Inside you must be screaming, "Oh Yahweh, what have I done!" In her book "Bless your Children Every Day," Dr. Mary Ruth Swope exposes the importance of blessing our children. "As we appropriate [Yahweh]'s all-encompassing blessings and promises into our own lives and learn to claim them for ourselves, it is now our responsibility to pass them on to our children and grandchildren. If you are a parent or grandparent and a member of the family of [Yahweh] through faith in the blood of [Messiah YahShua], you have spiritual authority over your household. You have authority and power to speak blessings into the lives of your children and grandchildren." The paternal blessing is the most valuable heritage that parents and grandparents can bequeath to their children. Many fathers and mothers do not know that they have this privilege.

“That the generation to come might know them (The Words of Yahweh), even the children which should be born; who should arise and declare them to their children: That they might set their hope in Yahweh, but keep his commandments: and might not be as their ancestors, a stubborn and rebellious generation; a generation that set not their heart aright, and whose spirit was not steadfast with Yahweh. (Psalm 78:6-8)”

Rudolf Steiner, the German Mystic, wrote: "If one observes children, who by a right upbringing, have developed a natural reverence for the grownups and their surroundings, and if one follows them through their various stages of life, one can discover that their feelings of reverence and devotion in childhood are gradually being transformed during the years leading to old age...such persons may have a healing effect upon their fellow man so that by their mere presence, or through the tone of their voice, or perhaps by a single glance they can spread inner peace to others. Their presence can be a blessing because as children they have learned to venerate and to pray the right way. No hands can bless in old age, unless in childhood they have been folded in prayer."

Just before Jacob died, he called all his sons for a final blessing. As a special reward to Joseph, who remained righteous throughout his ordeal of exile, he calls forward Joseph's two sons, Ephraim and Menashe, and gives them a special blessing, as well as two portions of the Land of Israel: **“On that day Jacob blessed them, he said, "In time to come, Israel will use you as a blessing. They will say, 'May Yahweh make you like Ephraim and Menashe'." (Genesis 48:20)**

Blessing the children was in the heart of our Messiah.
“Rebbe YahShua said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." When he had placed his hands on them (and said, “May Yahweh make you like Ephraim and Menasheh. May Yahweh make you like Sarah, Rebecca, Rachel and Leah. And may the spirit of Yahweh rest upon you and give you a spirit of wisdom and understanding, a spirit of counsel and heroism, a spirit of knowledge and fear of Yahweh.”), he went on from there. (Matthew 19:14-15)”

The husband as High Priest of the home is to impart a priestly blessing over the wife: **“Who can find a capable wife? Her value is far beyond that of pearls. (The holy wife is priceless.) Her husband trusts her from his heart, and she will prove a great asset to him. (It is a blessing not to have to worry about the fidelity of your spouse.) She works to bring him good, not harm, all the days of her life. (The righteous woman has always worked inside and outside the home.) She procures a supply of wool and flax and works with willing hands. She is like those merchant vessels, bringing her food from far away. It's still dark when she rises to give food to her household and orders to the young women serving her. She considers a field, then buys it, and from her earnings she plants a vineyard. She gathers her strength around her and throws herself into her work. She sees that her business affairs go well; her lamp stays lit at night. She puts her hands to the staff with the flax; her fingers hold the spinning rod. (One reason she fights fair is because she knows the art of negotiation.) She reaches out to embrace the poor and opens her arms to the needy. (She ministers.) When it snows, she has no fear for her household; since all of them are doubly clothed. She makes her own quilts; she is clothed in fine linen and purple. (She prepares.) Her husband is known at the city gates when he sits with the leaders of the land. (She helps create a good reputation for her husband.) She makes linen garments and sells them; she supplies the merchants with sashes. Clothed with strength and dignity, she can laugh at the days to come. When she opens her mouth, she speaks wisely; on her tongue is loving instruction. (Because she knows the Word she speaks wisdom.) She watches how things go in her house, not eating the bread of idleness. Her children arise; they make her happy; her husband too, as he praises her: many women have done wonderful things, but you surpass them all!" (She runs the Home.) Charm can lie, beauty can vanish, but a woman who fears Yahweh should be praised. Give her a share in what she produces; let her works speak her praises at the city gates. (The Husband makes sure she gets her reward financial, spiritual and physical.) (Proverbs 31:10-31)”**

The wife as the Levite in the Home should maintain the altars (table, oven and bed). Part of that maintenance is blessing the High Priest – the Husband: **“How happy is everyone who fears Yahweh, who lives by his ways. (The righteous husband studies the Torah and applies it to his life.) You will eat what your hands have produced; you will be happy and prosperous. (The righteous husband works and earns a living for his home.) Your wife will be like a fruitful vine in the inner parts of your house. Your children around the table will be like shoots from an olive tree. (The righteous husband has a healthy sex life.) This is the kind of blessing that will fall on him who fears Yahweh (Yahweh will bless the righteous husband.) (Psalm 128:1-4)”**

Before we enter or leave our homes the Mezuzah is a center point of blessing. Touch the Mezuzah and proclaim this the wonderful blessing: "May Yahweh protect my going out and coming in, now and forever." Now your mind and heart is set to bless others.

We now have profound evidence that we can positively heal and transform ourselves and our environment by praying and blessing.

“Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of Elohim was hovering over the waters. (Genesis 1:2)”

Properly blessed and structured water molecules can help you achieve greater hydration, better nutrient intake and toxin elimination. And a properly blessed life is a life healthy and balanced for a long life.



This Water molecule formed with the word Shalom spoken to it.

